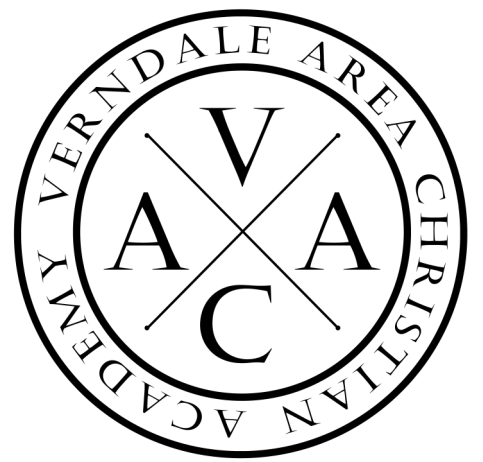


Verndale Area Christian Academy

Meal Menu - 6 Week Rotation



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Breakfast: French Toast Sticks Oranges 100% Juice Milk Lunch: Chicken Drumstick Diced Potatoes Applesauce Garlic Bread/Stick Milk	Breakfast: Egg & Eng. Muffin Pears 100% Juice Milk Lunch: Taco Meat Refried Beans & Corn Banana Corn Chips Milk	Breakfast: Egg w/ Chz & Bagel Peaches 100% Juice Milk Lunch: Grilled Chz Sandwich Broccoli Pears & Yogurt Yogurt Milk	Breakfast: Life Cereal Raisins 100% Juice Milk Lunch: Beefy Lasagna Carrots Pineapple Milk	Breakfast: Cinnamon Roll Apple Slices 100% Juice Milk Lunch: Chicken Patty w/ Chz Green Beans Mixed Fruit Milk
2	Breakfast: Biscuit & Sausage Banana 100% Juice Milk Lunch: Corn Dog Broccoli Oranges Milk	Breakfast: Eggo Waffle Strawberries 100% Juice Milk Lunch: Taco Joes French Fries Apple Slices Milk	Breakfast: Egg & Chz w/ Biscuit Craisins 100% Juice Milk Lunch: Pasta—Spg. Mt. Sauce Carrots Peaches Milk	Breakfast: Strawberry Filled Bagel Pineapple 100% Juice Milk Lunch: Hot Ham & Chz on Bun Green Beans Pears Milk	Breakfast: Kix Applesauce 100% Juice Milk Lunch: Hotdog on Bun Taco Flvr Black Beans Mixed Fruit Milk
3	Breakfast: Bagel w/ Strb Crm Chz Apples 100% Juice Milk Lunch: Cheeseburger on Bun Baked Beans Oranges Milk	Breakfast: Scr Eggs w/ Eng Muffin Craisins 100% Juice Milk Lunch: Pulled Pork Garlic Mash Potatoes Pears Milk	Breakfast: Breakfast Nuggets Oranges 100% Juice Milk Lunch: Bosco Sticks Pizza Sauce Apples Milk	Breakfast: Waffle Sticks Banana 100% Juice Milk Lunch: Mac & Chz w/ Hotdogs Green Beans Peaches Milk	Breakfast: Breakfast Pizza Pineapple 100% Juice Milk Lunch: Pepperoni Pizza Romaine Lettuce Salad Mixed Fruit Milk
4	Breakfast: Breakfast Muffin Raisins 100% Juice Milk Lunch: Chicken Drumstick Green Beans Craisins Garlic Bread Milk	Breakfast: Cinnamon Roll Apples 100% Juice Milk Lunch: Beefy Lasagna Carrots Pears Milk	Breakfast: Pancakes Strawberries 100% Juice Milk Lunch: Tator Tot Hotdish Oranges Dinner Roll Milk	Breakfast: Life Cereal Banana 100% Juice Milk Lunch: Grilled Cheese Sandw Broccoli Pineapple Yogurt Milk	Breakfast: French Toast Sticks Apples 100% Juice Milk Lunch: Chicken Patty w/ Chz Baked Beans Mixed Fruit Milk
5	Breakfast: Egg & Chz on Eng Muf Pears 100% Juice Milk Lunch: Chicken Nuggets Garlic Mash Potatoes Mand. Oranges Milk	Breakfast: Eggo Waffle Banana 100% Juice Milk Lunch: Corn Dog Carrots Peaches Milk	Breakfast: Biscuit & Sausage Applesauce 100% Juice Milk Lunch: Fajita Chicken Meat Black Beans & Corn Pineapple Milk	Breakfast: Frosted Mini-Wheats Craisins 100% Juice Milk Lunch: Hot Ham & Chz on Bun Green Beans Raisins Milk	Breakfast: Scr Egg Chz w/ Bagel Apples 100% Juice Milk Lunch: Hotdog on Bun Broccoli Mixed Fruit Milk
6	Breakfast: Bagel w/ Strb Crm Chz Banana 100% Juice Milk Lunch: Bosco Sticks Pizza Sauce Pineapple Milk	Breakfast: Breakfast Nuggets Raisins 100% Juice Milk Lunch: Pulled Pork Sandwich Garlic Mash Potatoes Pears Milk	Breakfast: Frd Egg & Chz on Bisc Peaches 100% Juice Milk Lunch: Cheese Burger Green Beans Applesauce Milk	Breakfast: Waffle Sticks Strawberries 100% Juice Milk Lunch: Mac & Chz w/ Hotdogs Baked Beans Oranges Milk	Breakfast: Breakfast Pizza Apples 100% Juice Milk Lunch: Pepperoni Pizza Romaine Lettuce Salad Mixed Fruit Milk

VACA Events:

- Feb 19th—VACA Closed
- Mar 7th—P/T Conferences
- Mar 8th—End of 3rd Qtr
- Mar 11th—Start of Spring Break
- Mar 29th—VACA Closed

Week 1	*Menu Items area subject to change based on availability or Kitchen Staff discretion
Week 2	**Meal Patterns are in accordance to the National School Lunch Program
Week 3	
Week 4	
Week 5	
Week 6	

~This institution is an equal opportunity provider~

February						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

April						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				