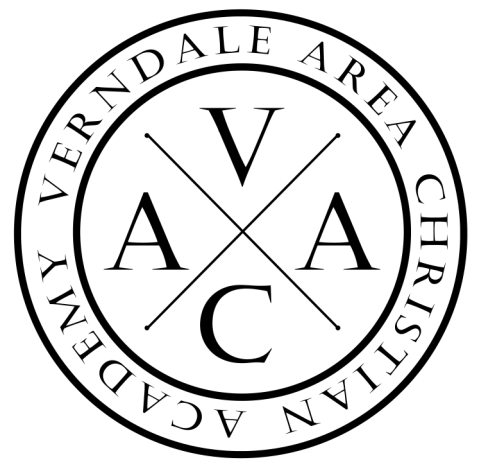


Verndale Area Christian Academy

Meal Menu - 6 Week Rotation



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Breakfast: French Toast Sticks Oranges 100% Juice Milk Lunch: Chicken Nuggets Diced Potatoes Applesauce Garlic Bread/Stick Milk	Breakfast: Egg & Chz on Bagel Pears 100% Juice Milk Lunch: Taco Meat Refried Beans & Corn Banana Corn Chips Milk	Breakfast: Pancakes Peaches 100% Juice Milk Lunch: Grilled Chz Sandwich Broccoli Pears & Yogurt Yogurt Milk	Breakfast: Life Cereal Raisins 100% Juice Milk Lunch: Beefy Lasagna Carrots Pineapple Milk	Breakfast: Cinnamon Roll Apple Slices 100% Juice Milk Lunch: Chicken Patty w/ Chz Green Beans Mixed Fruit Milk
2	Breakfast: Eggo Waffle Strawberry 100% Juice Milk Lunch: Corn Dog Broccoli Oranges Milk	Breakfast: Egg & Chz on Biscuit Banana 100% Juice Milk Lunch: Tortilla Burger w/ Chz French Fries Apple Slices Milk	Breakfast: Breakfast Nugget Craisins 100% Juice Milk Lunch: Pasta—Spg. Mt. Sauce Carrots Applesauce Milk	Breakfast: Kix Cereal Pineapple 100% Juice Milk Lunch: Hot Ham & Chz on Bun Green Beans Pears Milk	Breakfast: Yogurt w/ Graham Crkr Peaheas 100% Juice Milk Lunch: Hotdog on Bun Taco Flvr Black Beans Mixed Fruit Milk
3	Breakfast: Bagel w/ Strb Crm Chz Apples 100% Juice Milk Lunch: Cheeseburger on Bun Baked Beans Oranges Milk	Breakfast: Egg & Chz on Eng Muff Craisins 100% Juice Milk Lunch: Pulled Pork Garlic Mash Potatoes Pears Milk	Breakfast: Biscuit & Sausage Oranges 100% Juice Milk Lunch: Bosco Sticks Pizza Sauce Apples Milk	Breakfast: Frosted Mini-Wheats Banana 100% Juice Milk Lunch: Mac & Chz w/ Hotdogs Green Beans Peaches Milk	Breakfast: Breakfast Pizza Pineapple 100% Juice Milk Lunch: Pepperoni Pizza Romaine Lettuce Salad Mixed Fruit Milk
4	Breakfast: French Toast Sticks Raisins 100% Juice Milk Lunch: Corn Dogs Green Beans Craisins Milk	Breakfast: Egg & Chz on Bagel Peaches 100% Juice Milk Lunch: Beefy Lasagna Carrots Pears Milk	Breakfast: Pancakes Strawberries 100% Juice Milk Lunch: Grilled Chz Sandwich Broccoli Pineapple Yogurt Milk	Breakfast: Life Cereal Banana 100% Juice Milk Lunch: Tator Tot Hotdish Oranges Dinner Roll Milk	Breakfast: Cinnamon Roll Apples 100% Juice Milk Lunch: Chicken Patty w/ Chz Baked Beans Mixed Fruit Milk
5	Breakfast: Eggo Waffles Pears 100% Juice Milk Lunch: Hotdog on Bun Garlic Mash Potatoes Oranges Milk	Breakfast: Egg & Chz on Bisc Banana 100% Juice Milk Lunch: Chicken Drumstick Carrots Peaches Garlic Bread Milk	Breakfast: Breakfast Nugget Applesauce 100% Juice Milk Lunch: Fajita Chicken Meat Black Beans & Corn Pineapple Milk	Breakfast: Kix Cereal Craisins 100% Juice Milk Lunch: Hot Ham & Chz on Bun Green Beans Raisins Milk	Breakfast: Yogurt w/ Graham Crkr Apples 100% Juice Milk Lunch: Tortilla Burger Broccoli Mixed Fruit Milk
6	Breakfast: Bagel w/ Strb Crm Chz Banana 100% Juice Milk Lunch: Bosco Sticks Pizza Sauce Pineapple Milk	Breakfast: Egg & Chz on Eng Muf Raisins 100% Juice Milk Lunch: Pulled Pork Sandwich Garlic Mash Potatoes Pears Milk	Breakfast: Biscuit & Sausage Peaches 100% Juice Milk Lunch: Cheese Burger Green Beans Applesauce Milk	Breakfast: Frosted Mini-Wheats Craisins 100% Juice Milk Lunch: Mac & Chz w/ Hotdogs Baked Beans Oranges Milk	Breakfast: Breakfast Pizza Apples 100% Juice Milk Lunch: Pepperoni Pizza Romaine Lettuce Salad Mixed Fruit Milk

VACA Events:

- May 24th - Spring Concert
- May 27th - VACA Closed
- May 31st - Last day of School
- June 3rd - Summer Break begins
- July 2nd - VACA Elem Open House
- July 4th - VACA Closed
- July 5th - VACA Closed
- July 8th - First day of School

Week 1	*Menu Items area subject to change based on availability or Kitchen Staff discretion
Week 2	**Meal Patterns are in accordance to the National School Lunch Program
Week 3	
Week 4	
Week 5	
Week 6	

~This institution is an equal opportunity provider~

May						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

July						
S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			