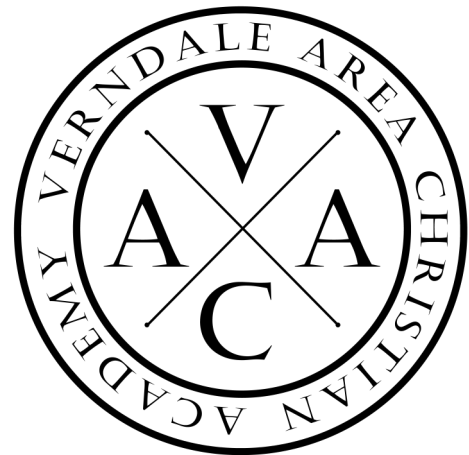


Verndale Area Christian Academy

Meal Menu - 6 Week Rotation



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Breakfast: Egg & Chz on Bagel† Pears 100% Juice Milk* Lunch: Chicken Strips† Diced Potatoes Applesauce Milk*	Breakfast: French Toast Sticks† Oranges 100% Juice Milk* Lunch: Chicken Fajita w/ Tort† Black Beans & Corn Pineapple Milk*	Breakfast: Pancakes Peaches 100% Juice Milk* Lunch: Grilled Chz Sandwich† Broccoli Pears & Yogurt Milk*	Breakfast: Life Cereal† Raisins 100% Juice Milk* Lunch: Chicken Noodle Soup Carrots Banana Milk*	Breakfast: Dutch Waffle† Apple Slices 100% Juice Milk* Lunch: Chicken Patty on Bun† Green Beans Mixed Fruit Milk*
2	Breakfast: Egg & Chz on Biscuit† Applesauce 100% Juice Milk* Lunch: Corn Dog† Broccoli Oranges Milk*	Breakfast: Eggo Waffle† Strawberries 100% Juice Milk* Lunch: Tortilla† Burger w/ Chz French Fries Apple Slices Milk*	Breakfast: Blueberry Muffin Top† Craisins 100% Juice Milk* Lunch: Chicken Alfredo Pasta Carrots Banana Milk*	Breakfast: Kix Cereal† Pineapple 100% Juice Milk* Lunch: Chicken Salad on Bun† Green Beans Pears Milk*	Breakfast: Yogurt w/ Grm Crkr† Peahes 100% Juice Milk* Lunch: Hotdog on Bun† Baked Beans Mixed Fruit Milk*
3	Breakfast: Egg & Chz - Eng Muff† Craisins 100% Juice Milk* Lunch: Chicken Quesadilla† Mexican Black Beans Oranges Milk*	Breakfast: Bagel† w/ Strb Crm Apples 100% Juice Milk* Lunch: Pulled Pork on Bun† Garlic Mash Potatoes Pears Milk*	Breakfast: Biscuit† & Sausage Oranges 100% Juice Milk* Lunch: Bosco Sticks Pizza Sauce Apples Milk*	Breakfast: Frosted Mini-Wheats† Banana 100% Juice Milk* Lunch: Mac & Chz w/ Hotdogs Green Beans Peaches Milk*	Breakfast: Breakfast Pizza† Pineapple 100% Juice Milk* Lunch: Cheese Pizza† Romaine Lettuce Salad Mixed Fruit Milk*
4	Breakfast: Egg & Chz on Bagel† Peaches 100% Juice Milk* Lunch: Chicken Strips† Green Beans Craisins Milk*	Breakfast: French Toast Sticks† Raisins 100% Juice Milk* Lunch: Chicken Noodle Soup Carrots Pears Milk*	Breakfast: Pancakes Strawberries 100% Juice Milk* Lunch: Grilled Chz Sandwich† Broccoli Pineapple Yogurt Milk*	Breakfast: Life Cereal† Banana 100% Juice Milk* Lunch: Chicken Fajita w/ Tort† Black Beans & Corn Orange Milk*	Breakfast: Dutch Waffle† Apples 100% Juice Milk* Lunch: Chicken Patty on Bun† Tater Tots Mixed Fruit Milk*
5	Breakfast: Egg & Chz on Bisc† Applesauce 100% Juice Milk* Lunch: Hotdog on Bun† Carrots Oranges Milk*	Breakfast: Eggo Waffles† Pears 100% Juice Milk* Lunch: Corn Dog† Baked Beans Peaches Milk*	Breakfast: Blueberry Muffin Top† Banana 100% Juice Milk* Lunch: Chicken Alfredo Pasta Tater Tots Pineapple Garlic Bread† Milk*	Breakfast: Kix Cereal† Craisins 100% Juice Milk* Lunch: Tortilla† Burger Green Beans Raisins Milk*	Breakfast: Yogurt w/ Grm Crkr† Apples 100% Juice Milk* Lunch: Chicken Salad - Bun† Broccoli Mixed Fruit Milk*
6	Breakfast: Egg & Chz - Eng Muff† Raisins 100% Juice Milk* Lunch: Bosco Sticks Pizza Sauce Pineapple Milk*	Breakfast: Bagel† w/ Strb Crm Peaches 100% Juice Milk* Lunch: Pulled Pork on Bun† Garlic Mash Potatoes Pears Milk*	Breakfast: Biscuit† & Sausage Banana 100% Juice Milk* Lunch: Chicken Quesadilla† Mexican Black Beans Applesauce Milk*	Breakfast: Frosted Mini-Wheats† Craisins 100% Juice Milk* Lunch: Mac & Chz w/ Hotdogs Green Beans Oranges Milk*	Breakfast: Breakfast Pizza† Apples 100% Juice Milk* Lunch: Cheese Pizza† Romaine Lettuce Salad Mixed Fruit Milk*

VACA Events:

- May 26th—
Memorial Day
VACA Closed
- May 30th—Last
day of School
- June 2nd—Start of
Summer Break
- June 25th—VACA
Elem Open House
- July 2nd - 4th—
July Break
VACA Closed
- July 7th—First Day
of School

Week 1	*Whole Milk served for Infants to 24 months, 25 months and older served Low-Fat (1%) milk
Week 2	†Whole Grain - served daily
Week 3	+Menu Items area subject to change based on availability or Kitchen Staff discretion
Week 4	
Week 5	++Meal Patterns are in accordance to the National School Lunch Program
Week 6	

~This institution is an equal opportunity provider~

May						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		