

Verndale Area Christian Academy

Meal Menu - 6 Week Rotation



WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Breakfast: Egg & Chz on Bagel† Pears 100% Juice Milk* Lunch: Chicken Strips† Mashed Potatoes Applesauce Milk*	Breakfast: French Toast Sticks† Oranges 100% Juice Milk* Lunch: Beefy Taco Boat Tortilla Chips† Black Beans & Corn Pineapple Milk*	Breakfast: Pancakes Peaches 100% Juice Milk* Lunch: Chicken Soup† Carrots Banana Milk*	Breakfast: Cold Cereal† Raisins 100% Juice Milk* Lunch: Hotdog on Bun† Broccoli Pears Milk*	Breakfast: Cook's Choice † 100% Juice Milk* Lunch: Cook's Choice † Mixed Fruit Milk*
2	Breakfast: Egg & Chz on Biscuit† Applesauce 100% Juice Milk* Lunch: Corn Dog† Broccoli Oranges Milk*	Breakfast: Eggo Waffle† Strawberries 100% Juice Milk* Lunch: Tortilla† Burger w/ Chz French Fries Apple Slices Milk*	Breakfast: Blueberry Muffin Top† Craisins 100% Juice Milk* Lunch: Spag Sauce & Pasta† Carrots Banana Milk*	Breakfast: Cold Cereal† Pineapple 100% Juice Milk* Lunch: Ham & Chz on Bun† Green Beans Pears Milk*	Breakfast: Dutch Waffle† Peaehes 100% Juice Milk* Lunch: Hotdog on Bun† Baked Beans Mixed Fruit & Yogurt Milk*
3	Breakfast: Egg & Chz - Eng Muff† Craisins 100% Juice Milk* Lunch: Chicken Quesadilla† Mexican Black Beans Oranges Milk*	Breakfast: Bagel† w/ Strb Crm Apples 100% Juice Milk* Lunch: Tater Tot Hotdish Garlic Bread† Pears Milk*	Breakfast: Biscuit† & Sausage Oranges 100% Juice Milk* Lunch: Bosco Sticks Pizza Sauce Apples Milk*	Breakfast: Cold Cereal† Banana 100% Juice Milk* Lunch: Mac & Chz w/ Hotdogs Green Beans Peaches Milk*	Breakfast: Breakfast Pizza† Pineapple 100% Juice Milk* Lunch: Cheese Pizza† Romaine Lettuce Salad Mixed Fruit Milk*
4	Breakfast: Egg & Chz on Bagel† Peaches 100% Juice Milk* Lunch: Chicken Strips† Green Beans Craisins Milk*	Breakfast: French Toast Sticks† Raisins 100% Juice Milk* Lunch: Chicken Soup† Carrots Pears Milk*	Breakfast: Pancakes Strawberries 100% Juice Milk* Lunch: Grilled Chz Sandwich† Broccoli Pineapple Yogurt Milk*	Breakfast: Cold Cereal† Banana 100% Juice Milk* Lunch: Corn Dog† Baked Beans Orange Milk*	Breakfast: Cook's Choice † 100% Juice Milk* Lunch: Cook's Choice † Mixed Fruit Milk*
5	Breakfast: Egg & Chz on Bisc† Applesauce 100% Juice Milk* Lunch: Hotdog on Bun† French Fries Oranges Milk*	Breakfast: Eggo Waffles† Pears 100% Juice Milk* Lunch: Tortilla† Burger Green Beans Raisins Milk*	Breakfast: Blueberry Muffin Top† Banana 100% Juice Milk* Lunch: Spag Sauce & Pasta† Carrots Pineapple Milk*	Breakfast: Cold Cereal† Craisins 100% Juice Milk* Lunch: Beefy Taco Boat & Chp† Black Beans & Corn Peaches Milk*	Breakfast: Dutch Waffle† Apples 100% Juice Milk* Lunch: Ham & Chz on Bun† Broccoli Mixed Fruit Milk*
6	Breakfast: Egg & Chz - Eng Muff† Raisins 100% Juice Milk* Lunch: Bosco Sticks Pizza Sauce Pineapple Milk*	Breakfast: Bagel† w/ Strb Crm Peaches 100% Juice Milk* Lunch: Tater Tot Hotdish Garlic Bread† Pears Milk*	Breakfast: Biscuit† & Sausage Banana 100% Juice Milk* Lunch: Chicken Quesadilla† Mexican Black Beans Applesauce Milk*	Breakfast: Cold Cereal† Craisins 100% Juice Milk* Lunch: Mac & Chz w/ Hotdogs Green Beans Oranges Milk*	Breakfast: Breakfast Pizza† Apples 100% Juice Milk* Lunch: Cheese Pizza† Romaine Lettuce Salad Mixed Fruit Milk*

Week 1	*Whole Milk served for Infants to 24 months, 25 months and older served Low-Fat (1%) milk
Week 2	†Whole Grain - served daily
Week 3	+Menu Items area subject to change based on availability or Kitchen Staff discretion
Week 4	
Week 5	++Meal Patterns are in accordance to the National School Lunch Program
Week 6	~This institution is an equal opportunity provider~

VACA Events:

- Feb 9th - Start of Feb Break
- Feb 16th - President's Day - **VACA Closed**
- Mar 12th - P/T Conf.
- Mar 13th - End of Qtr
- Apr 3rd - Good Friday - **VACA Closed**
- Apr 20th - Start of April Break

