

2025 OCTOBER 2025



Verndale Area Christian Academy - BREAKFAST

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY							
Whole Milk served for Infants to 24 months, 25 months and older served Low-Fat (1%) milk or whole milk †Whole Grain - served daily +Menu Items area subject to change based on availability or Kitchen Staff discretion ++Meal Patterns are in accordance with the National School Lunch						1 †Cheerios Banana Juice Milk NO SCHOOL		2 †Pancakes Oranges Juice Milk* COOKS CHOICE NO SCHOOL							
						5 †Egg & Cheese Biscuit Craisins Juice Milk*		6 †Bagel w/ Strawberry Cream Cheese Apples Juice Milk*		7 †Pancakes Oranges Juice Milk*		8 †Life Cereal Banana Juice Milk*		9 †Breakfast Pizza Mandarin Oranges Juice Milk*	
						12 †Omelet & Toast Applesauce Juice Milk*		13 †French Toast Sticks Pears Juice Milk*		14 †Blueberry Muffin Banana Juice Milk*		15 †Rice Crispies Mandarin Oranges Juice Milk* NO SCHOOL		16 †Dutch Waffle Pineapple Juice Milk* NO SCHOOL	
						19 †Egg & Cheese on an English Muffin Applesauce Juice Milk*		20 †Eggo Waffle Strawberries Juice Milk*		21 †Sausage & Cheese Biscuit Craisins Juice Milk*		22 †Kix Cereal Mandarin Oranges Juice Milk*		23 †Yogurt or PB Graham Crackers Raisins Juice Milk*	
26 †Breakfast Pizza Pineapple Juice Milk*		27 †Bagel with Strawberry Cream Cheese Apples Juice Milk*		28 †Pancakes Strawberries Juice Milk*		29 †Chex Cereal Oranges Juice Milk*		30 †Banana Toast Banana Juice Milk* COOKS CHOICE							

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Verndale Area Christian Academy - LUNCH

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY							
Whole Milk served for Infants to 24 months, 25 months and older served Low-Fat (1%) milk or whole milk †Whole Grain - served daily +Menu Items area subject to change based on availability or Kitchen Staff discretion ++Meal Patterns are in accordance with the National School Lunch						1†HOT Ham & Cheese Baked Beans Pineapple Milk NO SCHOOL		2†Cold Sandwich Carrots Mixed Fruit Milk* COOKS CHOICE NO SCHOOL							
						5†Bosco Sticks Marinara Sauce Pears Milk*		6†Chicken Quesadilla Black Beans Pineapple Milk*		7†Chicken Sandwich Mashed Potatoes Applesauce Milk*		8†Hot Dog Macaroni & Cheese Cucumbers Peaches Milk*		9†Pizza Salad Mixed Fruit Milk*	
						12†Hot Dog Carrots Oranges Milk*		13†Beefy Nachos Black Beans & Corn Raisins Milk*		14†Pizza Grilled Cheese Broccoli Peaches Milk*		15†Biscuit & Sausage Gravy Green Beans Apples Milk* NO SCHOOL		16†Sloppy Joe French Fries or Tots Mixed Fruit Milk* NO SCHOOL	
						19†Corndog Broccoli Oranges Milk*		20†Tortilla Cheeseburger Fries or Tots Apples Milk*		21†Spaghetti Carrots Banana Milk*		22†Chicken Quesadilla Black Beans Peaches Milk*		23†Popcorn Chicken Green Beans Mixed Fruit Milk*	
						26†Cheese Pizza Salad Oranges Milk*		27†Tator Tot Hot Dish “Tots” Pears Garlic Bread Milk*		28†Italian Dunkers Marinara Mandarin Oranges Milk*		29†Hotdog w/ Mac&Cheese Baked Beans Peaches Milk*		30†Chicken Noodle Soup Cucumbers Mixed Fruit Milk* COOKS CHOICE	